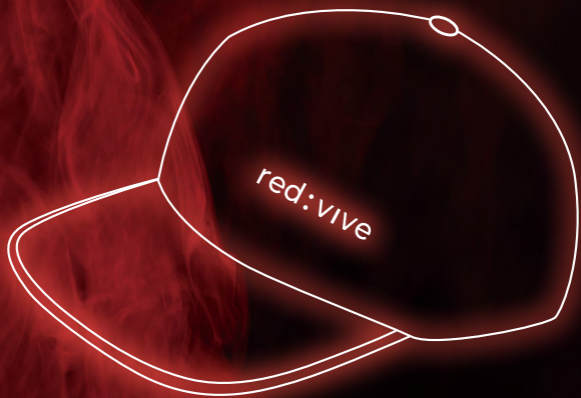


THE
REDVIVE HALO



red:vive

OWNER'S GUIDE

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INTRODUCTION

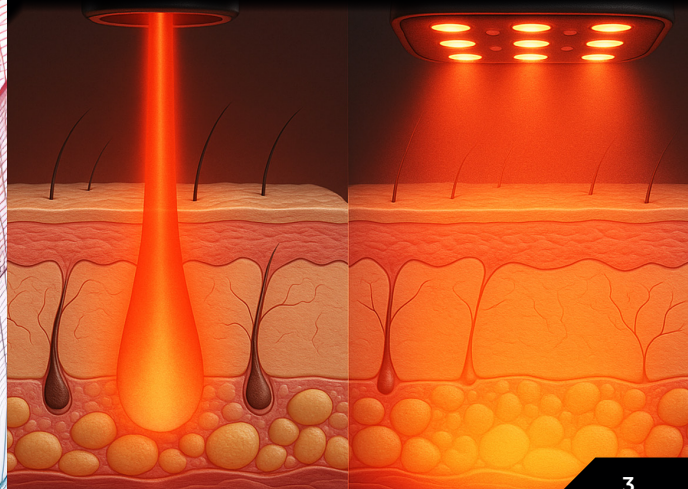
The Redvive Halo was created with one goal: to make daily wellness simple, enjoyable, and easy to repeat.

Modern life moves quickly. Screens, late nights, and busy schedules can make it harder to feel rested and balanced. Halo adds a calm, light-based ritual you can enjoy while you

do what you already love – reading, relaxing on the couch, or winding down at night.

Inside this cap is a gentle array of red and near-infrared LEDs. Not just a hat – an easy way to add a soothing moment of light to your day.

**Put it on. Breathe.
Let the light be part of your routine.**



Device **OVERVIEW**

Thoughtfully designed. Effortlessly simple. The Redvive Halo uses a grid of carefully tuned LEDs to deliver soft, even light across the scalp. There are no complicated settings or adjustments – just choose a mode, put it on, and relax.

Key Features

- Gentle red and near-infrared light designed for general wellness use.
- Even light coverage across the top of the head.
- Adjustable strap for a comfortable, personalized fit.
- Long-lasting rechargeable battery.
- Lightweight internal array for easy, pressure-free wear.
- Simple, one-button power control.
- Smart auto-timing for worry-free sessions.

**Your role is simple:
put it on and enjoy a few minutes for yourself.**

About **THE LIGHT**

The Redvive Halo uses specific shades of red and near-infrared light that are commonly used in consumer wellness and relaxation products.

These light settings are intended to:

- Support a calming, soothing environment.
- Encourage moments of stillness and self-care.
- Complement existing relaxation habits such as reading, meditation, or quiet time.

Work smarter. Recover deeper. Stay resilient.

- ✘ No UV.
- ✘ No harsh brightness.

Just a soft glow that fits into your everyday life.

Quick **START**

- 1 Step 1 – Turn Halo On.** Press the Power Button once to start your session. The status light confirms your session has begun.
- 2 Step 2 – Choose Your Mode.** Press the Mode Button to cycle between **Wellness, Calming, Balanced.** Choose the mode that best fits your personal preference and comfort.
- 3 Step 3 – Wear and Relax.** Place Halo on your head and adjust the strap for comfort. Then simply relax and let the session run. Halo will turn off automatically when it's done. HALO will turn off when finished.

That's it – three steps, no friction.

Use Halo during natural pauses in your day: while reading, relaxing, journaling, or getting ready for bed.

How **TO USE**

Use Halo at times that already feel natural:



Morning:

while sipping coffee or planning your day.



Midday:

during a quiet break or focus session.



Evening:

while reading, stretching, or unwinding.

Just place Halo on your head, choose a mode, and enjoy your light time.

Product DETAILS

Mode Button

Switch between Wellness, Calming, Balanced, modes.

Status Indicator

Shows when HALO is active or when the battery needs charging.

USB-C

Charging Port

Fast, reliable charging with any USB-C cable.



Power / Brightness Button

Short press to turn on.- Long press to turn off or adjust brightness.

Technical PARAMETERS

Wavelengths: Wavelengths: 635 nm, 670 nm (red), 810 nm (near-infrared)

LED Count: 100 triple-wave LEDs

Light Type: Red & near-infrared LEDs

Modes: 4 modes

Battery: Rechargeable lithium battery (approx. 2000 mAh)

Charging: USB-C port

Maintenance: No consumables; charge as needed.

Designed for regular, everyday use.

Product DETAILS

Adjustable back strap

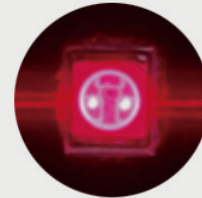


Outside

- Adjustable back strap for a secure, comfortable fit.
- Discreet charging port (USB-C) for easy power-up.

Inside

- 100 gentle triple-wave LED chips (635 nm, 670 nm, 810 nm).
- Lightweight interior design for even, comfortable wear.



Triple Wave Chip

Three wavelengths working together for wellness, comfort and relaxation.

Key

FUNCTIONS & MODES

Buttons & Indicators

Status Indicator

Green: device is operating normally.
Red flashing: low battery—please recharge.



Mode button

Short press: cycle between Well-ness, Calming, Balanced modes.

Power / Brightness Button

Short press: turn on. Long press: turn off or adjust brightness.

Mode

ADJUSTMENTS



Wellness



optimal battery usage



Calming



balanced



Balanced



full intensity

Battery Notes

- Built-in lithium battery, approx. 2000 mAh.
- When the indicator flashes red three times, Halo will power off and will restart after it has been charged.

Mode INTRODUCTION

Each mode uses its own light rhythm. There is no “right” or “wrong” choice – just pick what feels best to you.

1 Wellness Mode

(Steady Light)

- A smooth, continuous light pattern.
- Ideal as your everyday, go-to mode.
- Great for creating a simple, consistent wellness ritual.

2 Calming Mode

(Slow Pulsing)

- A soft, slow pulse designed to feel gentle and soothing.
- Many users enjoy this at the end of the day when winding down.

3 Balanced Mode

(Moderate Pulsing)

- A steady, focused rhythm without feeling too intense.
- Often used during light work, reading, or journaling sessions.

Mode names are intended to describe the general experience of light exposure and do not indicate medical or therapeutic effects. The Redvive Halo is designed for personal comfort and general wellness only and is not intended to diagnose, treat, cure, or prevent any disease or medical condition. Individual experiences may vary.

Daily Wellness USE GUIDE

Build Momentum Through Consistency. Halo works best when it becomes a natural part of your day – like your morning beverage, evening wind-down, or daily skincare routine.

Suggested Weekly Rhythm

- Use Halo **5–7 times per week**.
- Many users enjoy **about 20 minutes per session**, once or twice a day.
- Short, regular sessions help make your routine feel natural and sustainable.

**Consistency matters more than intensity.
Small daily moments add up over time.**

Choosing Modes Through the Day

- Start with **Wellness** in the morning.
- Use **Balanced** during focus or desk time.
- Switch to **Calming** in the evening.

SAFETY

Use With Confidence Halo is designed with safety and comfort in mind. The device uses non-UV, non-thermal light and materials chosen for everyday wear.

Built-In Safety Features

- Non-UV light output
- Automatic shutoff
- Gentle, low-heat operation

Important Guidelines

- Do not use Halo while your hair or the device is wet.
- Do not attempt to open, modify, or repair the device yourself.
- Avoid staring directly at the LEDs when they are on.
- Stop using Halo if you feel discomfort and allow the area to rest.
- Keep the device out of reach of children when not in use.
- If you have a history of light sensitivity, skin sensitivity, or other health concerns, talk with a healthcare professional before using any light-based wellness product.
- Avoid placing Halo over open wounds or irritated skin on the part of the scalp where it rests.

Halo is a general-wellness consumer product and is **not** intended to diagnose, treat, cure, or prevent any disease or condition.



Warranty & **SUPPORT**

Limited Warranty

Your Redvive Halo is backed by a 1-year limited warranty.

Your warranty covers:

- Manufacturing defects in materials or workmanship under normal use.

Your warranty does not cover:

- Water damage or liquid exposure.
- Dropping, impact, or other misuse.
- Unauthorized repairs or modifications.
- Damage from improper charging accessories or methods.

Need support?

Email: support@redvivehealth.org

Website: REDVIVEHEALTH.ORG

We want Halo to be a meaningful part of your wellness routine.

If you need help, reach out – we're here to support you.



red:vive
Lighting Your Path To Wellness

REDVIVEHEALTH.ORG